

**The CDC is not aware of any reports that suggest COVID-19 can be transmitted by food or food packaging.**

### **What is my risk of getting COVID-19 from takeout/drive-thru foods?**

- There currently is no evidence that takeout or drive-thru meals will increase illness.
- This option is a good choice, especially for high risk and elderly groups, since it helps maintain social distancing.

### **Can I get COVID-19 from touching food or packaging exposed to the virus?**

- Currently there is no evidence of food or food packaging being associated with transmission of COVID-19.
- To further minimize risk, handling food packaging should be followed by handwashing and/or using hand sanitizer.

### **What are the risks of food delivered to your home?**

- Similar to takeout, food delivery helps maintain social distancing and reduces the risk of coming into contact with COVID-19.
- Many delivery programs have also instituted no touch/no interaction options, which further reduces risk.

### **What happens if you ingest COVID-19 through food?**

- If you consume food that is contaminated with COVID-19, your stomach acid should inactivate the virus.
  - Even if your stomach acid did not inactivate the virus, there is no evidence the COVID-19 virus can cause illness if ingested.

For more information please visit:

Tennessee Department of Health (TDH): [www.tn.gov/health](http://www.tn.gov/health)

Centers for Disease Control and Prevention (CDC): [www.cdc.gov](http://www.cdc.gov)

Food and Drug Administration (FDA): [www.fda.gov](http://www.fda.gov)

Association for Food and Drug Officials (AFDO): [www.afdo.org](http://www.afdo.org)

References: **North Carolina Department of Health and FDA**

